



# Crossword

Have fun completing this crossword puzzle below

elderberry

shoninshin

moxa

winter

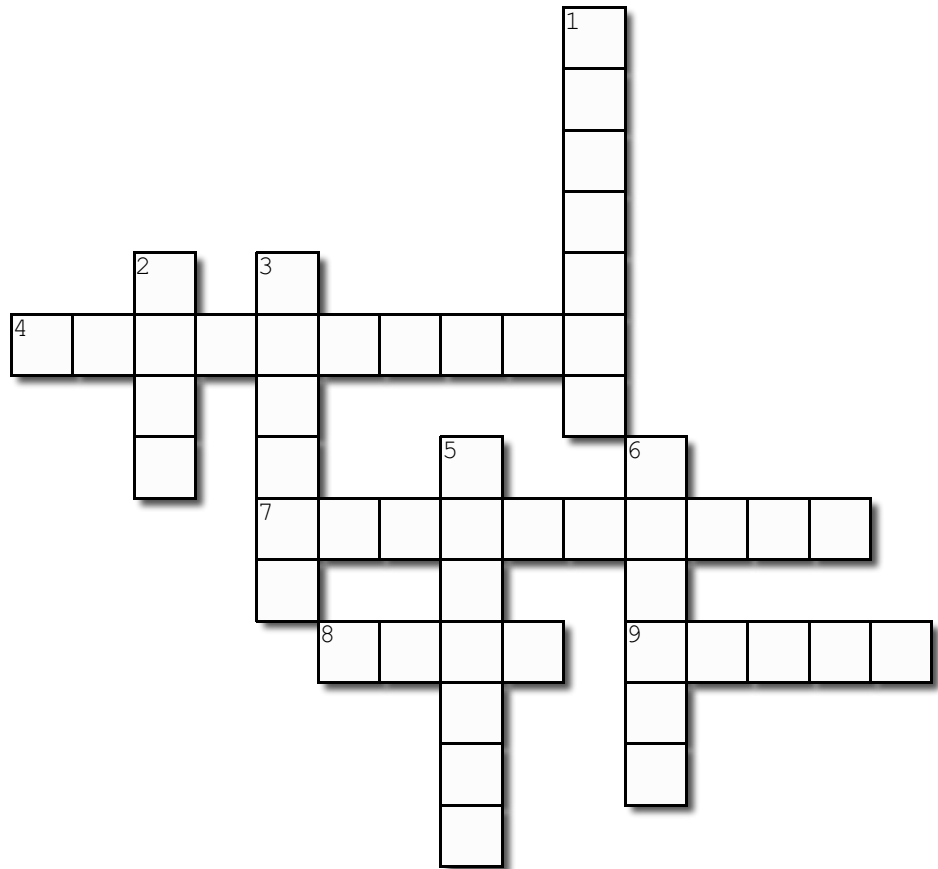
teshin

cupping

herbs

calm

healing



## Across

- Japanese form of pediatric acupuncture
- berries used to fight viruses and bacteria
- how you feel after acupuncture
- plant parts and pieces used as medicines

## Down

- glass cups where suction is used for cough or pain
- herb used to warm the body
- cold time of the year
- what your body knows how to do
- one of the shonishin tools, used for tapping